

CHILDRENS SAILING COURSES

Using the same toppers that we do with the adults, progresses our kids quickly and safely with the new addition of battened sails and spinnakers even our stage 3 and 4 sailors now can really get things going. The key to teaching children sailing is water confidence, we emphasise this through our strict safety routines so that every child of what ever age progresses with a smile on their face and with well trained and fun staff what a way to start and progress.

Typical day on the beach.

The typical day starts at 1000 with an introduction to their instructor and equipment allocation –equipment all supplied- lunch is at around 1300 –lunch can be supplied by our very own beach café- we tend to finish around 1630 each day.

	RYA Stage 1	RYA stage 2.	RYA stage 3.	RYA stage 4.	Progressive courses.	RYA racing courses.
TEACHING RATIOS: 6 students to 1 instructor. 12 students to 2 instructors.	A basic understanding of how a boat sails, with experience of steering and handling the boat.	A range of sailing skills and knowledge to help in becoming a confident sailor.	Rigging launching and sailing in any direction. Equivalent to the level 2 adult scheme.	Sail a double handed boat as crew and helm and be able to solve problems afloat.	Working towards to next stage, trying different boats and techniques.	Start racing, intermediate and advanced racing.
Assumed knowledge	None	Stage 1 sailor	Stage 2 sailor	Stage 3 sailor	Minimum stage 2 sailor	Stage 3 sailor
Minimum duration	2 days 4 days	2 days 4 days	2 days	2 days	2 days	2 days
Minimum age	Age 8	Age 8	Age 8	Age 8	Age 10	Age 10
Course content	Launching and recovery, steering, parts of the boat, basic sailing.	Basic sailing skills, rope work, collision avoidance.	Rigging, launching and recovery, sailing techniques, capsized recovery and sailing theory	Similar to stage 3 but in double handed boats.	The confidence course, covering the basics and advanced techniques, theory.	The skills required to race, maximising boat speed and mind and body preparation.
Ability after course	Able to steer and understand basic principals.	Able to turn and control boat speed and understand basic principals	Able to launch and sail a boat around a triangle in moderate conditions	Can launch sail and recover the boat in a crewed boat in moderate conditions.	To be more confident in progressing to the next stage, fun and sociable course.	Confident in taking part in club races and prepared for larger race meetings.
Costs	£200.00 4 days £360.00	£200.00 4 days £360.00	£200.00	£200.00	£200.00	£200.00

Please check out the course dates page for your chosen course.